

# **Orange**



**Orange:** Iranian Oranges are oval to sphere-shaped fruits with leathery, porous skin. Their color ranges from orange to red-orange. Oranges may be confused with other citrus fruits, such as grapefruits and tangerines. However, grapefruits are usually much larger and more yellow than oranges, and tangerines have a more flattened sphere shape than oranges.

**Harvest Season:** Winter

Oranges are green before they ripen.

Orange Tree: Oranges grow on evergreen trees that reach a mature size of 3 meter high and 2 meter wide. The branches of many orange trees are thorny.

Orange Leaves: Orange leaves are shiny and leathery and 7.5 to 10metere long. They have narrow wings on their petioles.

Orange Flower: Orange flowers are white in color and very fragrant. The flower blooms in the spring, but the fruit is not ready until the following fall or winter. In fact, the new flowers are blooming in the spring while the previous year's oranges are still on the tree. The orange blossom is the Caspian sea flower of Mazendaran province.

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#### Importance:

Minor and sporadic.











### Damage:

Orange fruitborer causes damage to feijoa. The larvae chew and burrow into the fruit generally just below the skin and often near the calyx. Young and mature fruit can be attacked. Larvae roll flower buds and young leaves together to form feeding shelters. Larvae bore into maturing and ripe fruit causing it to fall and decay, sometimes they destroy new young fruit in spring. Young larvae may penetrate fruit just before harvest, and if undetected during packing, may cause the fruit to decay during marketing.

#### Uses:

Bitter orange is antiseptic, anti-oxidant, antispasmodic, aromatic, astringent, carminative, digestive, sedative, stimulant, stomachic and tonic. It is rich in Vitamin C, flavonoids and volatile oil. It is appetite suppressant, metabolism and energy booster. Tea prepared from fruit is used to relive headache. Fruit is used in constipation, dyspepsia and indigestion. Fruit peel powder is used in face pack against sunstroke and skin blemishes. It is also used to dissolve kidney stones. It purifies blood and improves immunity. The seed and the pericarp are used in the treatment of anorexia, chest pains, colds, coughs etc. "Bitter orange oil", expressed from the peel, is in demand for flavoring candy, ice cream, baked goods, gelatins and puddings, chewing gum, soft drinks, liqueurs and pharmaceutical products.

## **Homemade Orange Juice:**

I love orange juice, but only when it's still in the orange. I don't like to drink it in a cup because it feels like there is things floating around in it. Dadda says it's little pieces of orange called pope, so that means pope is just orange guts! Why do they make orange juice with pope?

My favorite cereal is Fruity Dino Bites. But I don't have any of those right now. Right now I'm eating Mickey Mouse Clubhouse cereal. I tried a cup of orange juice but I forgot about the pope and it tasted gross to me.





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