



Betel Nuts seeds in India

Betel nut - History

Betel nut palms originally grew wild in Southeast Asia, perhaps in the Philippines or Malaysia. They were brought to the Indian subcontinent by humans in prehistoric times. The betel nut palm is now cultivated across the Asian tropics as a cash crop, as well as in almost every village garden. It is used for its seeds which are chewed as a

Origins

The betel nut palm is only known in cultivation, and its exact origin is not known. It is likely to have evolved in Southeast Asia where it is thought to be of very ancient cultivation and where diversity of the genus *Areca* is greatest. The chewing of the seeds is an ancient tradition for millions of people across South and Southeast Asia. The practice is known as 'tamboul' in India and may have originated in the region of Vietnam and Malaysia. From here it was probably first introduced to India.

Betel Nuts are chewed throughout Asia, India and the Pacific. Betel Nuts come from an evergreen tree which grows to a height of 30 meters (90+ Feet) with a spread of 5 meters (15+ Feet). Betel Nuts are used medicinally in the treatment of intestinal worms. A common use of Betel Nuts is in ritualistic chewing. The chewing of Betel Nuts causes mild stimulation and a feeling of well-being. Betel Nuts popular use throughout Asia, India and the Pacific makes it one of the most popular stimulants in the world.

Methods of Use

Betel nut is chewed, on its own, with herbs and spices, or with tobacco. Generally some sort of lime is added as this makes the active compounds far more effective. Without the use of lime, betel can still be chewed for its taste and mouth freshening properties but will have a less marked stimulant effect.

Effects :

The active compounds in betel nut act as a mild stimulant. The effects include increased alertness, greater energy, reduced fatigue, talkativeness and excitability. Some users also report euphoric feelings.

Uses of Betel Nuts

Betel nut, also known as Pinang or Areca nut, is the seed of the Betel Palm (*Areca catechu*). Betel nuts are often chewed for their intoxicating effects, which are caused by the relatively high levels of alkaloids in the seed. Chewing Betel nuts is an important and popular cultural activity in many Asian countries. It is also used as an offering in Hinduism.



Contents

1 Uses

- 1.1 Betel chewing
 - 1.2 Other uses
- ### 2 Availability
- ### 3 Betel Nut Handmade Art
- ### 4 Active compounds
- ### 5 Effects on Health
- 5.1 Carcinogenicity
 - 5.2 Teeth
 - 5.3 Habit-forming
 - 5.4 Other harmful effects
 - 5.5 Positive effects
- ### 6 Tradition
- ### 7 Structure
- ### 8 Modern day consumptio

Other uses

Powdered betel nut is used as a constituent in some tooth powders. Other medicinal uses include the removal of tapeworms and other intestinal parasites by swallowing a few teaspoons of powdered betel nut, or by taking tablets containing the extracted alkaloids

Betel Nuts Products Prices 65/66 (per Kg.)



Contact Us

Contact information for Taj Group companies in India.

TAJ AGRO INTERNATIONAL

(A Division of Taj Pharmaceuticals Limited)

<http://www.tajagroproducts.com>

E-mail :

tajagroproducts@gmail.com

tajagrointernational@gmail.com